

In Person Safety Protocols

We are beyond excited to see all of our students again. Your health and safety are our top priority. We will be training in a fun and safe environment by following these guidelines.

Updated: 6/29/2020

- Students may only attend in person classes if they and any members of their household are free from any illness symptoms including but not limited to fever, coughing and flu-like symptoms. Students are asked to self evaluate before coming to class. Students or families with any illness symptoms should train from home via Zoom if they are feeling well enough to do so.
- Class sizes will be limited to 16 students at a time for the time being. Students may attend as many in person/Zoom classes per week as their membership type permits. We recommend signing up to reserve a spot for in person classes online through our website in advance. If there are additional spots available, drop ins for in person classes will be welcome. We will still be offering Zoom Classes as well on a different schedule than our in person classes. Please see the Student Area of our website for class schedules. Link to reserve a spot for in person classes:
<https://www.signupgenius.com/go/9040845aeaa2aa0f58-inperson>
- The lobby will be closed for spectators. Parents should drop off children and pick them up at the end of class. Parents may remain in the parking lot during class if they wish. This is especially encouraged for ATA Tiger parents since those students are very young and are more likely to need a parent in the event they need to use the restroom. (We will use the text alert system to message you if your child needs you inside. Please make sure we have the correct cell phone number for you.)

If you need to see an instructor in person for questions, memberships or to purchase merchandise, please stop at the front counter. We have arranged our display cases in front of the counter to ensure proper social distancing at the front counter.

- The staff member who lets students in and dismisses them at the door will wear a mask while in close proximity to students entering or exiting. Our instructors will wear masks when closer than 6 feet to students and parents. While teaching and demonstrating from the front of the room distanced away from students, Instructors are not required to wear masks. Adult guests who need assistance at the front counter are asked to please wear a mask. Masks are optional for students during class, but encouraged while entering and exiting the building. Students who are uncomfortable with this policy are invited to join us via Zoom from home. Also, if a parent wishes a child to wear a mask during class, we

will not be responsible if the child removes it during class.

- Hand sanitizer will be available in multiple locations in the building.
- There will be no common areas where students would normally gather, so students will need to arrive prepared:
 - Students will wait outside the building until an Instructor opens the door to line up for class. Students may wait in their cars or spread out on the sidewalk outside. Parents must remain until students are in the building. Students may not wait inside for class to start.
 - Arrive already dressed for class. The changing rooms are closed. Students may wear full doboks and belts or dobok pants and an ATA T-shirt for the summer months. We cannot assist with belt tying at this time. ATA T-shirts can be purchased at the front counter.
 - Wear slip on shoes to class. Students will be expected to remove them when entering the building and place them in their gear bag. (We recommend keeping a plastic shopping bag with you to keep your shoes from getting your gear bag messy). Flip flops, slides or crocs are great choices. Avoid shoes with laces or that are difficult to put on and take off. There will be no shoe rug.
 - Bring your bag, weapons & equipment to every class. Any belongings brought with them (coat, shoes, jewelry, etc) will need to be put in their bag. There will be no borrowing of weapons or gear. Students will place their bags on one of the designated bag drop locations on the workout floor, which are spaced 6 feet or more from other bag drops or training areas.
 - Students will have designated spots to wait inside 6 feet apart for their parent at the end of class. Parents are asked to be punctual at pick up time to allow Instructors time to properly clean between classes.
- All students will have their own marked dot on the floor that is 6 feet away from the next closest dot. Large free standing pads are setup between rows of dots to provide students their own side of the target to strike. At times during classes we may also use individual small training targets (one per student, no sharing) or long noodles with color coded sides that students may use with a partner, only making contact with their colored side. Students will not share equipment during class. Training areas & pads will be sanitized after every class.

- We will be alternating between in person and Zoom classes to allow the Instructors time to clean and sanitize before the next in person class. The restrooms, training areas and all touch points will be cleaned after every class.

We can't wait to see you in person! If you have any questions or concerns, please call Mrs. Cramer at the Taekwondo Center at 724-283-599 or email us at butlerata@gmail.com.